

AGREEMENT OF RELEASE & WAIVER OF LIABILITY

1. I will receive information and instruction while participating in the class, health program or workshop offered by The Yoga Place. I recognize that this class will require physical exertion, which may be strenuous and may cause physical injury and I am fully aware of the risks and hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in this class or any other activity associated with The Yoga Place .I represent and warrant that I am physically fit and I have no medical conditions, which would prevent my full participation in the class, health program or workshop.
3. I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I may incur as a result of participating in the program.
4. I knowingly, voluntarily and expressly waive any claim that I may have against the The Yoga Place instructor or The Yoga Place for injury or damages that I may sustain as a result of my participation.
5. Heirs, my legal representatives or I, forever release and waive any liabilities against The Yoga Place and it's instructors for any injury or death incurred by my voluntary participation in this class, workshop, event or activity.

I HAVE READ THE ABOVE RELEASE & WAIVER OF LIABILITY AND FULLY UNDERSTAND ITS CONTENTS. I VOLUNTARILY AGREE TO THE TERMS AND CONDITIONS STATED ABOVE.

Date: _____

SIGNATURE OF PARTICIPANT : _____

If participant is under 18 as legal guardian of _____

I consent to the above conditions.

SIGNATURE OF PARENT/GUARDIAN OF PARTICIPANT

“WITNESSED BY” SIGNATURE